



Community Free Clinic

# BLESSINGS

Volume 2010 Issue III

Summer 2010

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*The Community Free Clinic will be closed on the following days to observe Labor Day on Monday September 6 and Thanksgiving on Thursday and Friday November 25-26.*

This newsletter is published quarterly by the **Community Free Clinic**. Please contact us if you would like to be added to our mailing list or would like to sponsor the newsletter.

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### *The Clinic in Motion*

It has been a very busy summer at the Community Free Clinic and the past few months have brought both transition and change to the Clinic. Fortunately, from a patient care perspective we haven't skipped a beat. The demand for Clinic services continues to rise with many people in the county becoming unemployed and uninsured. Thankfully we have been able to continue to accept all who come to our doors for medical care that are eligible for our services. We are definitely busy but also very grateful for the support of our community in assuring that we can continue to meet the needs of our patients.

As we all know a healthy organization should always be a work in progress as it responds to emerging needs in the community, adapts to unexpected budgetary constraints, builds on successes and creatively grows in new directions. There are many exciting things happening at the Community Free Clinic.

**There are many exciting things happening at the Community Free Clinic.**

First, we are happy to announce that Barbara Haeckler, M.D. has assumed the role of Medical Director at the Community Free Clinic and has also accepted a position on the Board of Directors of the Clinic. Dr. Haeckler has been a volunteer provider at

the Clinic for the past six years and has been active in Clinic fund raisers and events. Dr. Haeckler has hit the ground running by reviewing policies and procedures and meeting with Clinic staff to discuss and review Clinic operations. We welcome Dr. Haeckler to her new position and are excited that she has accepted this role at the Clinic.

In addition, we have hired a Registered Nurse. Fran Newman, R.N. joined the Clinic staff in July. Fran also had been a Clinic volunteer for the past year prior to accepting a position at the Clinic. We are very happy that Fran has joined the staff and we are blessed with her talents and her compassion for our patients. Welcome Fran!!

The Clinic has held several fund raisers since May which include St. John's Wine Tasting and Dinner, our famous MUDD Volleyball Tournament, and Krab and Karaoke hosted by the Hagerstown Washington County Chamber of Commerce. In addition, the staff actually had a "play date" for the first time ever and spent the day together at Hershey Park. It was a great stress reliever at a time when the Clinic is busier than ever.

As we continually seek to improve our services, we have always relied on our wonderful staff and volunteers and are always looking for community members who want to help to continue to keep Washington County healthy. At the current time the Community Free Clinic needs volunteer nurses who could give of their time for patient care and to assist providers. If you or someone you know is interested in becoming a volunteer please give us a call at 301-733-9234. Our door is always open!

None of this would be possible without an imaginative and passionate Board of Directors, a host of dedicated volunteers, an energetic and amazing staff, and the generosity of many individuals, organizations, and businesses in the community. Thank you, thank you for your generous and ongoing support. Together we keep Washington County healthy!



### ***2010 MUDD Volleyball Tournament Biggest Yet***

The 2010 MUDD Volleyball Tournament was the largest tournament to date. Being our eleventh tournament, this year's event attracted 60 teams and we held a waiting list for teams hoping to play. Although all invoices are not in it is expected that this year's event raised \$40,000 in profit for the Community Free Clinic. These proceeds are applied directly to patient care. This year there were two tournament categories: Competitive and Recreational. The Competitive champion was the MUDDY Llamas and the Recreational champion team was Elite DMF. A fun time was had by all and it was amazing to see the enthusiasm for charity. Tournament sponsors include: Gold Sponsors: Callas Contractors, Maryland Army National Guard, Citi, Lehigh Phoenix

and M&T Bank. Corporate Sponsors include: Gorfine, Schiller & Gardyn, P.A., Hagerstown Regional Airport, B.P. Lesky Distributing Co., Inc., Oneseventeen Ministry, Tri State Printing, BJ's Custom Creations, Sam's Club, Brewer Investment Group and Animal Health Clinic of Funkstown.

The Community Free Clinic would like to thank all who participated whether it be by entering a team, planning committee members, the food tent volunteer crew, sponsors and volunteers. This is a great event but would not happen without your generous support and your time. Please join us for the 12th annual tournament. Be sure to mark your calendars for Saturday, July 16th, 2011. We hope to see you there!!!

### ***Bloomberg Businessweek addresses Health Care Concerns & the Importance of Free Clinics***

Recently Bloomberg Businessweek published two articles that spoke to the dire situation of health care in our nation and recognized the need and asset of free clinics. Both articles (published April 23, 2010\* and June 14, 2010\*\*) present current state outlooks of this most pressing issue.

The outcomes of a recent panel meeting of the Council of Graduate Medical Education were a concise and clear suggestion to the private sector and to government, "increase the number of primary-care physicians --- and pay them a whole lot more." These findings are based on estimated growing numbers of newly insured patients going for treatment and preventative care. With only 23% of the physician workforce addressing the needs of primary-care in adults, "the [health care] system will be congested" as more people find new means of insurance coverage. The Council also noted a few reasons why our health care system has such a drastic shortage of general physicians. One is that over a lifetime career, a general practitioner will earn about \$3.5 million less than a specialist. In addition, they recommend a 40% growth in the number of primary-care doctors and a 40% salary increase.

Of the top five chronic multisystem diseases sited in this article (hypertension, diabetes, high cholesterol, obesity and depression), all require continuation of care. As Dr. Russell Robertson, a volunteer provider at the largest free clinic in Illinois, states, "prevention and maintenance is a whole lot cheaper than intervention."

In a subsequent article, Bloomberg advocates for free clinics as a vital role to "strengthen the health-care safety net." Noted in University of Illinois at Chicago study, about 1.8 million Americans present to free clinics each year. The primary reasons for their visits were management of chronic disease, physical exams, urgent care and medication assistance. Also it was noted that the majority of free clinics receive no government funding. It was suggested that from the findings of this study, a "formal integration" of more free clinics into the health care system will only aid in its overall strength and success. At the time of the study it was noted that "free clinics provide a range of preventative and general care for an estimated 10 percent of the working-age uninsured population who seek care."

The need is great and the number of uninsured continues to grow. Not for nearly five more years will we see health care reform, as presented in 2010, make any significant dent in these numbers. Bloomberg Businessweek has offered two informative and realistic perspectives of the situation we face every day.

\*[http://www.businessweek.com/magazine/content/10\\_18/b4176043849880.htm](http://www.businessweek.com/magazine/content/10_18/b4176043849880.htm)

\*\*<http://www.businessweek.com/lifestyle/content/healthday/640078.html>

### ***Grants Received and Fund raisers Since Last Newsletter***

The **Washington County Gaming Commission** generously awarded the Community Free Clinic \$160,000 in their 2010 funding cycle. The Clinic relies heavily on this funding in order to be able to continue to provide care to our patients. On behalf of the Clinic staff, patients, volunteers, and Board of Directors we would like to send a special thank you to the Commissioners for this award. We realize the difficult discernment this process takes. **Thank you very much!!**

#### **Additional Grants Received**

5/21/2010	Wal Mart Foundation	\$1,000 - Operating
5/21/2010	Funkhouser Foundation	\$5,000 - Medication
6/4/2010	Hagerstown Rotary Club Foundation	\$1,448 - Laser Printer
8/20/2010	Fletcher Foundation	\$59,760 - HVAC System

#### **Fund raisers**

5/21/2010	St. John's Lutheran Church Wine Social and Dinner	\$5,000 - Operating
7/17/2010	2010 MUDD Volleyball Tournament	\$40,000 - Operating



## ***Death of Dr. Dan McDougal Saddens Many***

On May 10, 2010 Dr. Dan McDougal, our Medical Director and Vice President of the Board of Directors lost his courageous battle with ALS (Lou Gehrig's Disease). Dr. McDougal had served tirelessly for many years prior to the onset of his illness and held two very vital roles at the Community Free Clinic. He was a very compassionate and kind man who always went above and beyond for the betterment of not only our patients, but the clinic staff and the community at large. In October of 2009, the Clinic held a tribute dinner for Dr. McDougal to recognize the many contributions he had made throughout his medical career. When we approached Dr. McDougal to obtain his permission to pay tribute to him he stated, "On one condition, that all proceeds be used to begin an Endowment Fund for the Community Free Clinic."

The Dan McDougal Endowment Fund was opened shortly after the dinner. Dr. McDougal's legacy will live on at the Community Free Clinic, with his family, friends and in the medical community he so generously served. Dr. McDougal is greatly missed by all those who knew and loved him and especially by the Clinic staff, volunteers and Board of Directors.

*Dan McDougal  
Endowment Fund*

*Community Free Clinic  
requests the honor of your presence as we*

*Celebrate 20 Years  
of service to Washington County citizens*

*with our Guest of Honour and Founder:  
Dr. Martin W. Gallagher*

*Saturday, October 16, 2010*

*Hager Hall Convention and Event Center  
901 Dual Highway, Hagerstown, Maryland 21740*

*Social Hour 5:30 p.m. - 6:30 p.m.*

*Dinner and Dessert 6:30 p.m. - 7:30 p.m.*

*Program 7:30 p.m. - 8:30 p.m.*

*Master of Ceremonies: John Reed, M.D.*

*~Business Attire Please~*

Proceeds benefit the Dan McDougal Endowment Fund

## ***Mark Your Calendar for the Clinic's 20th Anniversary Celebration and Endowment Dinner***

On Saturday, October 16, 2010 the Community Free Clinic will host an Anniversary Celebration to celebrate 20 years of service to the Washington County community. Our guest of honor will be Martin W. Gallagher, M.D. who is the founder of this amazing resource. The evening will highlight both Dr. Gallagher's vision of opening a free clinic and the journey the Clinic has taken over the past 20 years, which we all know has been challenging, but extremely rewarding. There have been many hands in the success of the Clinic, which is a grass roots organization that is neither state or federally funded. Out of Dr. McDougal's request to open and grow an Endowment Fund for the Community Free Clinic, all proceeds from this event will benefit the Dan McDougal Endowment Fund. This will be a wonderful time for all those who support the Community Free Clinic in whatever capacity, to come together to celebrate many years of hard work and success. Be on the look-out for your formal invitation and be sure to save the date! Your presence matters and we would love to have you celebrate this important milestone with us!!

## ***Dan McDougal Endowment Benefit 5K Run/Walk***

Prior to the onset of Dr. McDougal's illness he was an avid walker, trekking up to 4 miles every day while carrying 4 pound weights. Unfortunately, as his illness progressed his walking had to cease. As an ongoing tribute to Dr. McDougal the Community Free Clinic will host the annual Dan McDougal Endowment Benefit 5K Walk/Run. On Saturday, October 16th, 2010 the Community Free Clinic will host the 5K Walk/Run at Williamsport High School. Runners and walkers of all ages are encouraged to attend. You can register by visiting the Clinic's website at [www.cfcwc.com](http://www.cfcwc.com). Advanced registration is \$15 and registration the day of the event is \$20. The first 50 participants will receive a free t-shirt. For questions about the event please contact Adam Roberson at 301-733-9234. We hope to see you there with your running shoes on!!



# COMMUNITY FREE CLINIC

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Hagerstown, MD 21740  
Visit our website: [www.cfcwc.com](http://www.cfcwc.com)  
Follow our Cause on Facebook

Phone: 301-733-9234  
Fax: 301-733-9205

Non-Profit  
U.S. Postage  
Paid  
Hagerstown, MD  
Permit #812

## Clinic Wish List

Volunteer Nurses,  
copy paper, large manila envelopes  
(9x12), paper towels, toilet paper,  
55 gallon black trash bags, bottled water,  
coffee, and #5160 Avery Labels.



A United Way Agency



STRATEGIC  
COMMUNITY  
IMPACT PLAN

Partnering with  
**SCIP to Improve  
Washington County**

[www.strategicwashingtoncounty.org](http://www.strategicwashingtoncounty.org)

## ***CFC Invites You to a Presentation Introducing our New Gifting Program***

In an effort to build a more solid financial future for the Community Free Clinic, we offer a Charitable Gift Annuity Program which provides monetary support for the Clinic while, at the same time, supplements a very attractive income for you, the donor, for the remainder of your life. Consider a Charitable Gift Annuity that will help others and provide you with the security of a fixed income regardless of interest rates, inflation or market performance.

AGE	RATE*
55	5.0%
65	5.5%
75	6.7%
85	8.1%

\*RATES AS OF JULY 2010

Please join us on  
**September 23rd**  
for more valuable  
information about this  
program.

If you plan to attend the  
seminar please **RSVP**  
to  
**Adam W. Roberson**  
Program Director  
301-733-9234  
[aroberson@cfcwc.com](mailto:aroberson@cfcwc.com)

WOULD YOU LIKE ADDITIONAL GUARANTEED  
INCOME FOR LIFE?

ARE YOU LOOKING FOR A SECURE INCOME  
RIGHT NOW?

DO YOU WANT YOUR INVESTMENTS TO MAKE  
YOU MORE MONEY?

If your answer to any of these questions is yes,  
then you will want to join us on

**September 23, 2010**

**at the Academy Theatre at 6:00 p.m.,**  
where *Mr. David Pankiw MSFS, AIF of Brewer  
Investment Group and Mr. Charles "Chip"  
Stewart, Esquire* will explain how you can benefit  
from a Charitable Gift Annuity Program. Be sure  
to bring a family member, friend or colleague  
who would like a secured income as well.  
**Light refreshments will be served.**



**DONATION:**  
Gift of funding to  
help the Community  
Free Clinic fulfill its  
mission and obtain  
its vision.

**TAX WRITE OFF:**  
Upon giving your  
financial gift, you  
will be able to  
claim an immediate  
charitable gift tax  
deduction.

**FIXED INCOME:**  
By participating  
in this program  
you will receive a  
guaranteed income  
for life regardless  
of interest rates,  
inflation or market  
performance.